



# **STOP SMOKING AND SAVE MONEY**

**Our local advisors give you FREE one to one support to stop smoking, an instant way to save money!**

**→ We can provide free e-cigarettes  
nicotine replacement products ←**

**See Lynne or Helen at:  
Sale West Youth and Community Centre  
Newbury Avenue  
Monday - Wednesday 10-2pm  
Contact: 0161 973 3778  
[enquiries@oursalewest.co.uk](mailto:enquiries@oursalewest.co.uk)**