



STOP SMOKING AND SAVE MONEY

**Our local advisors give you FREE one
to one support to stop smoking, an
instant way to save money!**

→ **We can provide free e-cigarettes
nicotine replacement products** ←

**See Lynne or Helen at:
Sale West Youth and Community Centre
Newbury Avenue
Monday - Wednesday 10-2pm
Contact: 0161 973 3778
enquiries@oursalewest.co.uk**



**Our
Sale
West**

Building a stronger
community
together

**[www.nhs.uk/better-
health/quit-smoking/](http://www.nhs.uk/better-health/quit-smoking/)**